

Personal Bank Account Chapter Outline

1. Before you ever win in the _____ areas of life, you must first win within yourself!
2. PBA stands for _____.
3. How you feel about yourself is like a bank account. You can make _____ or take out _____.
4. Sticking to a commitment you've made is an example of a _____.

PBA Deposits:

*Keeping Promises To Yourself Example:

*Do Small Acts of Kindness Example:

*Be Gentle With Yourself Example:

*Be Honest Example:

*Renew Yourself Example:

*Greatest Deposit- Tapping Into Your Talents Example

Activity

What is your account balance?

Deposits

Withdrawals

Balance in my PBA: \$ _____