

7 Habits of Highly Effective Teens, by Sean Covey
Study Guide

What is the name of the 7 habits?

The disease people suffer from when they constantly blame other's for their own actions

How can you be proactive?

What are some examples of being reactive?

Why make a Personal Mission Statement?

What is a Personal Mission Statement?

Describe what it means to "Have the end in mind?"

Why is it so important to set goals for yourself?

Be familiar with the *Time Quadrant*?

What quadrant should you spend MOST of your time in?

What was the "Big Rock" Experiment?

How can you have a win-win attitude?

What happens when you have a Lose-Lose attitude?

“Tumor Twins”? Explain!

Know and understand the “5 Poor Listening Styles”

How do you create synergy?

What are some roadblocks to synergy?

Evaluate the levels of diversity.

The four key dimensions of your life

“Fried Frogs”?? Explain